



### After the Treatment

#### The day of the treatment. The first 12 hrs:

- Gently blot the area with a clean tissue to absorb any excess lymph fluid. (Lymph is a clear fluid-like substance that might slightly ooze from the eyebrow area). You may or may not have any during this time. But if you do, we want to avoid letting it dry on the eyebrow area and form a crust.
- Do this every 5 minutes until all signs of lymph have stopped.
- Removing this fluid will prevent any hardening/crusting of the lymph fluid.

#### Days 1-10: WASH

- Gently wash the area to remove any bacteria and dead skin.
- Instructions for washing: Once in the morning and once in the afternoon ONLY! Using a gentle cleanser. You will do this outside of the shower only.
- With a very light touch, use your fingertips to gently cleanse the eyebrows. Gently rub the area in a smooth motion following hair growth for 10 seconds, then gently rinse with temperate water. Make sure that all soap is rinsed away.
- Very gently, and thoroughly, pat dry with a tissue or paper towel.
- DO NOT use any other cleansing products containing acids (glycolic, lactic, or AHA), or any exfoliants. ONLY what is recommended.

#### Days 1-10: MOISTURIZE

- Allow brows to air dry for at least 5 mins. Brows should be 100% dry prior to this step. Never put on aftercare ointment on wet or damp brows.
- Apply a very small amount of aftercare ointment with a cotton swab, and spread it across the treated area. Be sure not to over-apply as this will suffocate the skin and delay healing.

#### IMPORTANT REMINDER!

- Use a fresh pillowcase, and do not sleep on your face or eyebrows!
- Let any scabbing or dry skin naturally exfoliate away.
- No facials, Botox, chemical treatments or microdermabrasion for 4 weeks after treatment
- Avoid hot, sweaty exercise for at least one week.
- Avoid direct sun exposure and tanning for 4 weeks after the procedure.
- Avoid taking long hot showers for the first 10 days. And when in the shower, completely avoid water on the eyebrow area.
- Avoid swimming of any kind until your eyebrows have completely healed!
- Avoid applying any type of makeup to your brow area for at least 2 weeks.
- Keep your hands off the area. No picking or scratching the treated area. (If you have an itching sensation during healing, you may apply a small amount of Bactine.)
- DO NOT USE growth enhancement products such as Latisse, Revitabrow, Grande lash, one month prior and wait until after the treatment has fully healed (28 days) as it may change your colour.
- Smoking WILL cause the pigment to fade prematurely and anesthetics will not last as long.